



Building independence in everyday life.

**ASSESSMENT RECOMMENDATION THERAPY
OR TRAINING – OCCUPATIONAL THERAPIST**

To learn more about our services,
ask questions or get started, please
get in touch with our friendly team.

P 02 4353 2411

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What is an Occupational Therapist Assessment?

OCCUPATIONAL THERAPY & THE NDIS

An Occupational Therapist (OT) is an Allied Health Professional who facilitates a person to be as independent as possible in their everyday lives. Occupational Therapist assessments, also referred to as Functional Assessments, are designed to assess the abilities and limitations of a person with a disability.

The information collated during an occupational therapist assessment can then be used to help design an individual program to help you achieve the highest level of functional independence possible.

An OT Assessment generally covers four main areas:

1. General Function (e.g., mobility, transfers, communication, relationships, behaviour, vision, upper limb function)
2. Self-Care (e.g., dressing, eating, toileting, continence, showering, grooming)
3. Self-Management (e.g., domestic activities such as shopping, meal preparation, laundry, cleaning, gardening, decision-making, financial management, life administration, budgeting, other cognitive tasks)
4. Community Access (e.g., driving, mobility within the community, transportation, leisure and social activities, work, study, day programs)

*SOURCE: TEAMDSC.COM.AU



How is it funded?

OCCUPATIONAL THERAPY & THE NDIS

Occupational Therapy is funded for NDIS participant's who have the **Improved Daily Living** budget category included in their NDIS Plan.

At CCLO Living, our qualified Occupational Therapists can support your NDIS plan with recommendations for assistive technology, home modifications, capacity building, improved daily living assessments and subsequent recommendations.



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Let's chat!

**TO EXPLORE YOUR NDIS
OCCUPATIONAL THERAPY
NEEDS, SIMPLY GET IN TOUCH.**

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